



## **IX VAM MEETING**

**Saint Giron (F), 19 – 20 - 21 June 2014**

# **ACUPUNCTURE IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE I**



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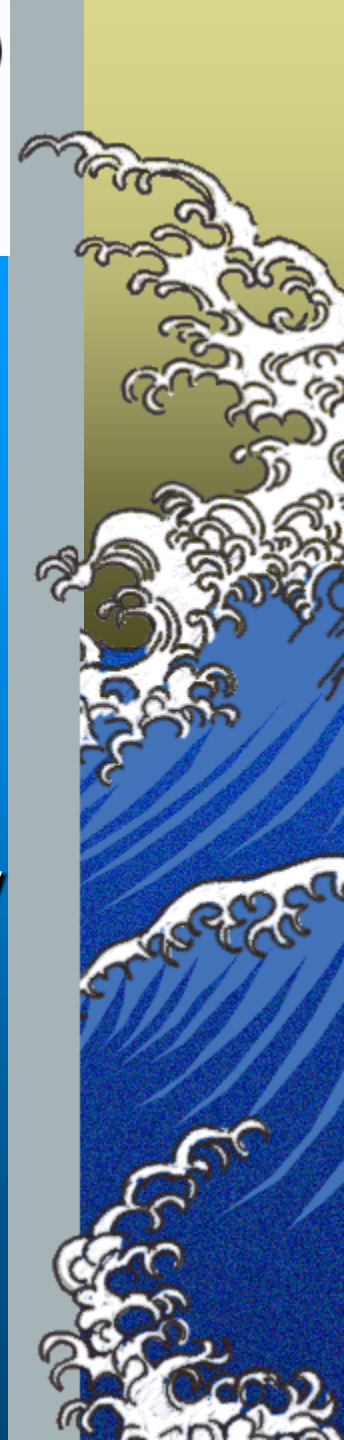


# MOTION

*Kidney rules the Will.*

*When Energy and Will come together, make up the bones and marrow, then the physical body and organs.*

皇帝內經 So Wen, 62





**ACUPUNCTURE  
IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**

**HIND LIMBS**

**GV 3** Zao Yangguan

**GB 29** Juliao

**GB 31** Fengshi

**GB 34** Yanglingquan

**BL 62** Shenmai

**GB 41** Zu Linqi

**BL 67** Zhiyin

**BL 61** Pushen

**KI 6** Zaohai

**TRUNK**

**GV 1** Changqiang

**GV 9** Zhiyang

**GV 14** Dazhui

**GV 16** Fengfu

**GV 20** Baihui

**FORE LIMBS**

**SI 10** Naoshu

**LI 11** Quchi

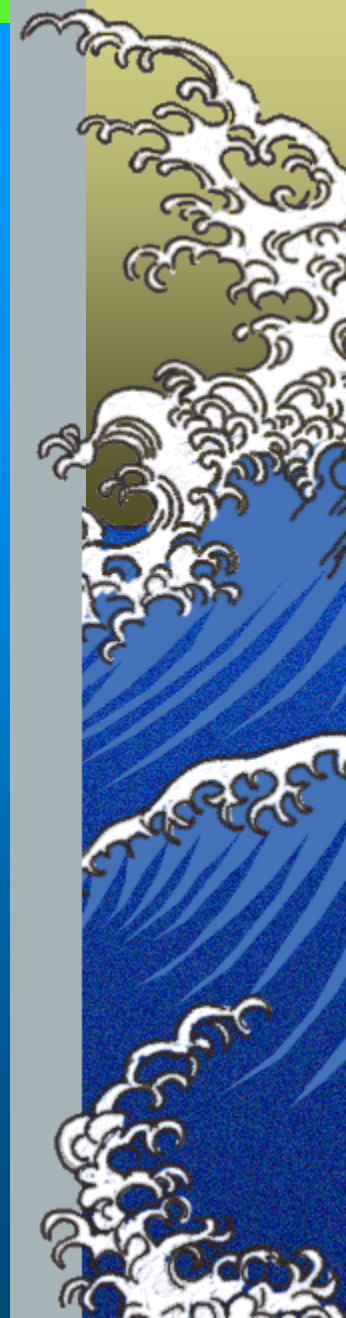
**LU 7** Lieque

**SI 3** Houxi

**SI 1** Shaoze

**TH 5** Waiguan

**CV 15** *Jiuwei*







## **BONES**

*Kidnes are the receptacle of the creation springs, of the Blood essence and of the all of creation matters ; they show themsevels outside in the hairs, inside in the bones*

**皇帝內經 So Wen, 9**

*It makes before the vital essence, after brain and marrow. The bones make an armour for brain and marrow*

**皇帝內經 So Wen, 10**

*Brain, marrows, bones, vessels, gall bladder, uterus are generated from Earth Energy; they are viscera with special function: they hoard without flowing to the outside. Their name is Qi Heng Zi Fu*

**皇帝內經 So Wen, 11**





## BONES

*Muscles and bones are Yin,  
skin and connective are Yang*

**Ling Shu, 6**

*In the bones atony putting needle  
straight as far as the bones, after needle  
is removed straight.*

*In this way it acts on the Kidneys*

**Ling Shu, 7**





## MUSCLES

*Liver is the generator of the forces; it  
show itself outside in the nails, inside in  
the muscles*

皇帝內經 So Wen, 9

*In the muscles atony putting needle  
above the muscles without bleeding.  
In this way it acts on the Liver*

Ling Shu, 7







## MUSCLES

*Yuan means source, origin.*

*It is here that the five Organs absorb  
nutrients circulating in 365 points.*

*Every time that organs are sick, it must  
be able to discern the level of these  
points.*

*For the Liver the yuan point is  
Tai Chong – **LR 3***

**Ling Shu, 1**





## **JOINTS**

### **LIVER**

**IT COLLECTS THE  
BLOOD**

**IT ENSURES THE  
FLOW OF ENERGY**

**IT CONTROLS THE  
TENDONS**

**IT MANIFESTS IN  
THE HOOF**

### **GALL BLADDER**

**IT TREATS all of  
JOINTS**

**IT TREATS PAIN in  
THE JOINTS of  
SHOULDER and  
PELVIS**

**IT CONTROLS THE  
TENDONS**







## **JOINTS**

### **HEART**

**IT ACCOMODATES  
THE *SHEN***

**IT TREATS  
PERIPHERAL  
VASCULAR DISEASES**

**HT 9 *Shaochong***

### **SMALL INTESTINE**

**IT TREATS PHYSICAL and  
PSYCHIC WEAKNESS**

**IT TREATS PAIN of the  
SHOULDER and FACE**

**IT CONTROLS  
PERIPHERAL NERVOUS  
SYSTEM**

**IT MANAGES YE  
(ORGANIC DEEP LIQUIDS)**





## **JOINTS**



### **PERICARDIUM**

**IT REGULATES  
CARDIO – VASCULAR  
SYSTEM**

**IT REGULATES  
ADRENERGIC  
SYSTEM**

### **TRIPLE HEATER**

**IT HAS ACTION ON:  
  
ORGANIC FLUIDS**

**KI YANG**

**METABOLISM**

**PERIPHERAL VASCULAR  
DISORDERS**

**TREMORS in the LIMBS**



## **JOINTS**

### **SPLEEN**

**IT CONTROLS THE  
BLOOD**

**IT CONTROLS THE  
MUSCLES and  
THE FOUR LIMBS**

**IT TREATS PSYCO –  
PHYSICAL  
LASSITUDE  
(DAMP TROUBLES)**

### **STOMACH**

**IT TREATS FLACCID  
PARALYSIS**







## **JOINTS**

### **LUNG**

**IT RULES THE  
ENERGY**

**IT CONTROLS THE  
MERIDIANS and  
BLOOD VESSELS**

**IT TREATS  
RHEUMATIC PAINS**

**LOCALIZED PAINS of  
the FORELIMBS**

### **LARGE INTESTINE**

**IT TREATS THE  
PARALYSIS OF THE  
FRONT PART OF THE  
BODY**

**IT TREATS  
FORELIMBS  
(CONTRACTURE –  
PAIN – ATONY)**

**IT MANAGES JIN  
(ORGANIC SURFACE LIQUIDS)**





## **JOINTS**

<b>KIDNEY</b>	<b>URINARY BLADDER</b>
<b>IT PRODUCES MARROW</b>	<b>IT CONTROLS THE SKELETAL MUSCLES</b>
<b>IT FILLS THE BRAIN</b>	<b>IT IS RESPONSIBLE FOR POSTURE</b>
<b>IT CONTROLS THE BONES</b>	<b>EXTERNAL BRANCH</b> ↓ <b>MUSCULAR ACTION (VIBRATION)</b>
<b>IT TREATS LUMBAR and PELVIC PAIN</b>	





**ACUPUNCTURE**

**IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**

***SHANG HAN LUN* 傷寒論 Zhang Zhongjing**



## **TAI YANG**

**IT RULES THE EXTERNAL PART OF THE BODY**

**IT IS INVOLVED IN THE PHYSIOLOGY OF  
JING JIN – IT RULES THE MUSCLES**

**IT IS INVOLVED IN THE PHYSIOLOGY OF  
WEI QI**

**IT COUNTERACTS THE FIRST IMPACT OF THE  
EXTERNAL XIE QI**

**IT HOLDS THE EXTERNAL CIRCULATION**

**MOTION → HYPEREXTENSION**







**ACUPUNCTURE**

**IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**

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## **SHAO YANG**

**IT RULES THE YANG ASPECTS OF THE  
MOVEMENT AND DEFENSE**

**IT DESCRIBES A MOVEMENT FROM INSIDE TO  
OUTSIDE: BONES - MUSCLES – JOINTS**

**IT ALLOWS THE CONDUCTION OF THE BLOOD**

**IT RULES THE BONES**

**IT HOLDS THE INTERNAL CIRCULATION**

**MOTION → FLEXION – EXTERNAL ROTATION**





**ACUPUNCTURE**

**IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**

***SHANG HAN LUN* 傷寒論 Zhang Zhongjing**



**YANG MING**

**MOTION → THE END of MOVEMENT**

**TAI YIN**

**MOTION → HYPERFLECTION**

**SHAO YIN**

**MOTION → FLEXION – INTERNAL ROTATION**





**ACUPUNCTURE**

**IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**

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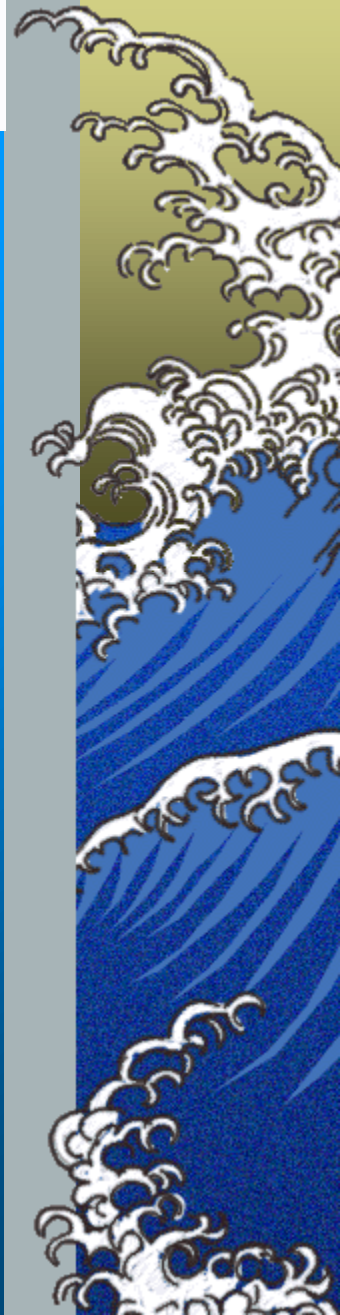


**JUE YIN**

**IT IS MEDIATION INWARDS AND  
INTERNAL MOVEMENT**

**IT IS THE END OF EACH MOVEMENT**

**MOTION → BLOCK of each MOVEMENT**







**ACUPUNCTURE  
IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**



## **SINEW MERIDIANS (TMM)**

### **JING JIN**

經筋

JING

JIN

TENDONS - MUSCLES  
MUSCULAR STRENGTH  
PHYSICAL STRENGTH

**THEY ARE SUPERFICIAL VESSELS**

**THEY HAVE PASSING like TAPE or BAND**

**THEY CARRY WEI QI**

**THEY HAVE CENTRIPETAL COURSE from TING POINTS to  
CHEST and to ABDOMEN**

**THEY CONNECT and HOLD THE BONES TOGETHER**

**THEY CONVERGE in DIPS of the BONES and in JOINTS**





# **SINEW MERIDIANS (TMM)**

## **JING JIN**

**3 TYPES: XIAO JIN (SMALL)**

**DA JIN (BIG)**

**JIN MO (APONEUROSIS)**



**TONG JIN  
(NEUROMUSCULAR SYSTEM)**



**MUSCLE TONE**

**POSTURE**

**REFLEX MOVEMENTS**

**VOLUNTARY MOVEMENTS**





**ACUPUNCTURE  
IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**



**SINEW MERIDIANS (TMM)**

**JING JIN**

<b>FORE YIN</b> <b>GB 22</b> <i>Yuanye</i> <b>GB 23</b> <i>Zhejin</i>	<b>HIND YIN</b> <b>CV 3</b> <i>Zhongji</i> <b>CV 2</b> <i>Qugu</i>
<b>FORE YANG</b> <b>ST 8</b> <i>Touwei</i> <b>GB 13</b> <i>Benshen</i>	<b>HIND YANG</b> <b>ST 3</b> <i>Juliao</i> <b>SI 18</b> <i>Quanliao</i>
<b>FORE TMM → CHRONIC DISEASES MORE POWERFUL</b>	<b>HIND TMM → ACUTE DISEASES LESS POWERFULL</b>

**CV 1** *Huiyin*

**ZHONGJIN**

**SP 21** *Dabao*







**ACUPUNCTURE  
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**ACUPOINTS**

**HUI**

BL 11 → BONES  
GB 39 → MARROW  
GB 34 → TENDONS

**EXTERNAL BRANCH of  
BL**

BL 45 → GV  
BL 47 → LIVER

**SKY WINDOW**

LU 3 – LI 18 – ST 9 – SI 16  
– SI 17 - BL 10 – BL 13 -  
PC 1 - TH 16 – TH 17 - GV  
15 – CV 22

**ZU HO**

BL 39 *Weiyang*

**BACK SHU**

BL 16 → GV  
BL 18 → LIVER  
BL 29 → SPINAL MARROW

**REGIONAL COMMAND**

LU 7 → HEAD - NECK  
SI 3 → SPINE  
BL 40 → LOINS

**TMM**

BL 18 - GV 8 - KI 21

\* \* \*

SOMATIC ARMOUR

BL 18 - CV 7





**ACUPUNCTURE**  
**IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE**  
**TRADITIONAL CHINESE SPECIAL POINTS**



**HEAD**

Tai Yang

GV 24 *Shenting (Da Feng Men)*

**FORE LIMB**

LI 10 *Shu Sanli*

Xi Yan

Xi Mai

Luo Zhen Xue

Yao Tong Xue

Si Guan

Ting Points

Qian Ti Men

**TAIL**

Wei Gen - Wei Ben –

Wei Jian

**NECK TRUNK ABDOMEN**

Jiu Wei

CV 8 *Shenque*

**HIND LIMB**

Shen Peng - Shen Shu -  
Shen Jian

BL 35 *Huiyang*

ST 41 *Jiexi*

BL 60 *Kunlun*

Si Guan

Ting Points

Hou Ti Men

**HORSE POINTS**

BL 11 *Dazhu*

***LR 3 Tai Chong***





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## **ACUPUNCTURE IN EQUINE ORTHOPAEDICS AND SPORT MEDICINE PRACTICE I**

**FOUR WHEELS MOVE THE BODY  
FOUR HOOVES MOVE THE SOUL**

